

Issue 673

Friday 21st May 2021

The Yarm Preparatory School Newsletter

A message from Mr Sawyer

Welcome to this week's Phoenix Flier! Positive energy has been brought in abundance to School Council and Food Council meetings this week. These are important forums at which 'pupil voice' takes centre stage and representatives express the views of their peers in an erudite and respectful manner. Topics such as the relevance of house names, school rules, play time and changes to the daily menu options always spark lively discussion. More often than not, such dialogue fuels further debate during subsequent form time sessions in class. Of late, views have been sought from every child through a Google Form too. It is superb to give our pupils the opportunity to learn about the democratic process in this way and to give them a say in how School develops. Of course not every request can be met - we'd be dining on chocolate fountains daily otherwise - but we place great value in hearing their views and working with them in this way. Power to the pupils!

This week we have been focusing on ambition in our assemblies. We have explored the idea that it is important to have goals in life and to be prepared to work hard to achieve them. We have heard from Dr Williams about the

achievements of former Yarm School pupils who through sustained effort, seeking out challenges and persevering have gone on to do very well in a range of fields. We have also discussed the concept that failure will most likely be a part of working towards our goals and this should be viewed as part of the process and as an opportunity for growth. Please explore this topic with your children in the coming days and share your goals, ambitions and setbacks in your lives. This will really help to solidify the important messages we have discussed this week.

Bill Sawyer

Head's Challenge:

You struggle to regain me. When I'm lost, you struggle to obtain me.
I pass no matter your will. What am I?

Photo of the Week:

Romans invaded 4J this week, with some legionnaires bringing in their homemade shields to keep unwanted visitors out of their classroom!



Tooled Up Education

To celebrate Father's Day next month, Dr Weston's has prepared a unique [talk](#) on fatherhood. Use the booking code TooledUp1706 to secure your free place.

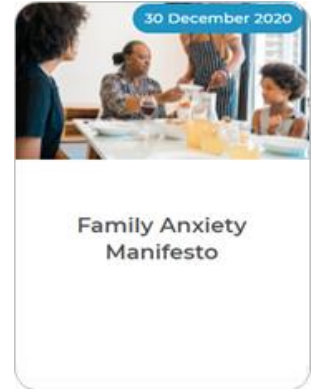
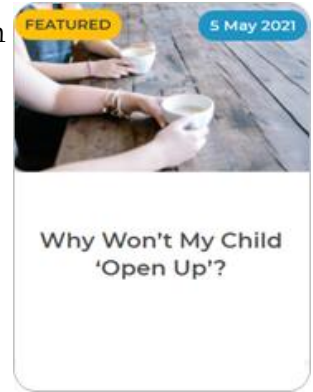
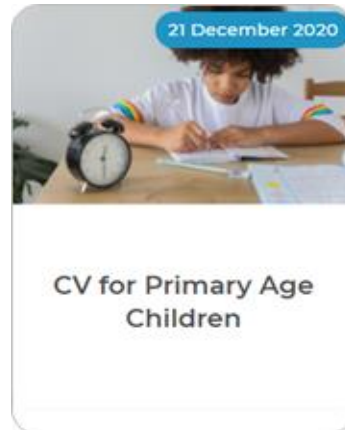
Over the last month, we have added a variety of resources in response to parents' requests. Have you ever wondered what the most popular ones are? Top of the rankings is our [Children's CV](#) followed by our video on [Visual Metaphors to Promote Resilience](#). The [Family Anxiety Manifesto](#) and the [Why Won't My Child Open Up?](#) video clip are top picks for parents this month!

Our podcasts have now been listened to almost 37000 times. Out of the 70 podcasts that we have produced, our interview with [Natasha Devon MBE](#) about children's mental health remains the most popular. What interests you, interests us, so don't hesitate to get in touch with resource requests:

office@tooledupeducation.com.

Dr Kathy Weston

To access the entire digital library of resources provided under Yarm Preparatory School's subscription, simply click [here](#) and provide your name, email address, the school PIN which is YPS1103 and then choose your own private password. You will then gain instant access to all the articles, videos, tip sheets, podcasts and more.



After School Care

After School Supervision begins at 3.45pm with an outdoor play time for all registered children. Following this, children are usually supervised in year groups to complete homework and/or other quiet tasks in separate classrooms. Attendance is confirmed with pupils during morning registration.

We offer late supervision for pupils between 4.30pm and 6.00pm for those children who are not able to be collected by 4.30pm. After School Care is supervised by Miss Emma Jeffries and Prep School staff. A register is taken and a modest charge is made for this facility. A drink and snack are provided for pupils who attend.

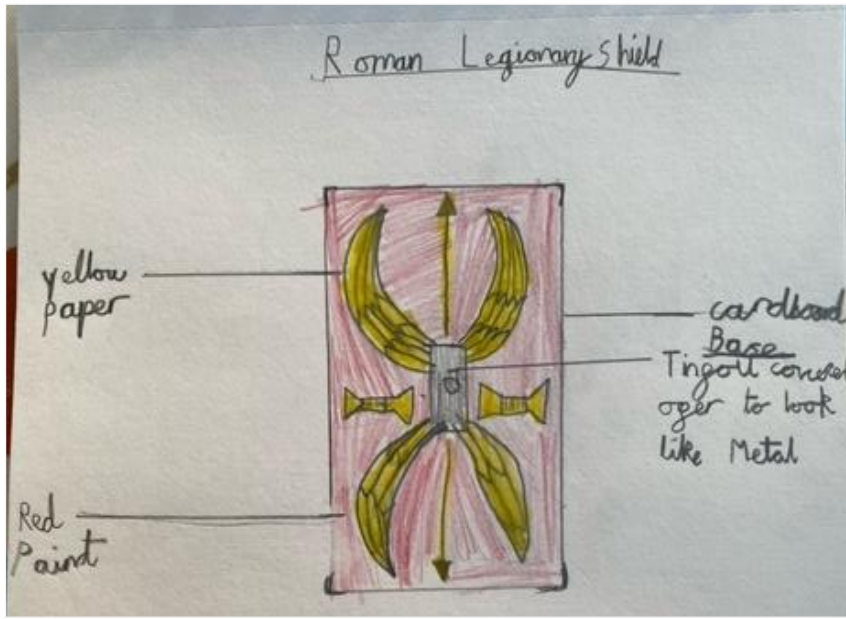
The care costs are as follows: 4.30-5.00pm - £2; 5.00-5.30pm - £3 (in addition to previous charge); 5.30-6.00pm - £3 (in addition to previous charge). Children involved in clubs until 5pm, children involved in fixtures and children whose siblings are involved in Prep School clubs and activities are not charged until these activities have finished.

If a club or fixture is cancelled and parents have been contacted in good time (i.e. prior to lunchtime), parents of children who then go into After School Care will not be charged. After School Care costs are added to the end of term charges bill for each family.

Please note the phone number for after school care: 01642 792584. It would help us enormously, if you are running late after 5pm, that you could contact this number to let us know your estimated time of arrival.

4J Roman shields

4J have been busy making Roman shields for their homework menu choice. James shows us his effort, from design to completion.



Childhood Immunisation Team

The Childhood Immunisation Team are responsible for delivering all school-aged vaccinations, including yearly flu, HPV, school-aged boosters and more. For more information on vaccinations, preparing for vaccines, completing their online form and more, or to contact the Childhood Immunisation Team directly, [please follow their Facebook page.](#)

Mrs Wheatley



The answer to the Head's Challenge from last time was: 1, 2 & 3.

6G Mental Health Awareness Week

Following on from Mental Health Awareness Week and their own day out to Boggle Hole, 6G reflected on how a good walk can do wonders for our wellbeing.

Friday 14th May

Mental Health and Wellbeing

Stress
Stress is when you feel under pressure and need help. The way to help is talking.

Accepting who you are
Accepting who you are is a good thing to help you mentally because if you accept yourself you usually feel better about yourself.

Mental health
Mental health is all about the inside of you like emotions and feelings.

Sleep
Sleep is very important because less sleep makes you more moody and not nice to be around. On the other hand if you are not tired you are more happy mentally.

Nature
Nature is important to stay not just fit but healthy in mind to be in the fresh air and if you do something you enjoy it makes it easier to be happy.

Friendship
Friendships are an important way to stay mentally healthy because friends are someone you can spend time with and talk to.

Pets
Pets can also help mental health for all ages.

New Hobbies
New hobbies are important because in your life you need diversity and different activities are good for your mental health.

Smiling & laughing
Smiling is contagious and makes others happy to be around you and laughing is a nice way to show emotions.

Ask for help
If you ask for help when you need it because it can help your health. Asking for help is one of the best ways to solve a problem (person's personal opinions).

Kindness
Kindness helps people have a better day and makes their mental health.

Images: A group of children walking on a beach, and a group of children sitting on the ground holding small objects.

Stamps: "You've achieved your learning objective" and "Wonderful, Mattie. All excellent!"

Friday 14th May 2021

Mental Health and Wellbeing

Friendships
Having friendships can give you less anxiety and can boost your self-confidence. Having friendships can make you laugh and make a lot more and decrease your chances of having poor mental and can lower the rate of having depression.

Talking / spreading the word
You can talk to other people like friends or family members, some people find it easier talking to a pet or a stranger. Talking to people you trust can reduce the amount of stress you hold. Talking to therapists can help you work out how to deal with the situation, they can give you a solution on how to reduce stress.

Taking a break
Taking a break can relax your brain and let you understand what's happening in your thoughts. Additionally, taking a break can help to reset your mood, thereby promoting positive wellbeing and reducing stress.

What is mental health?
Mental health is our emotions inside of us, things you can't touch but you can feel. Mental health can affect the things you do in an everyday life how you feel and act. It can also determine how we handle stress.

Outdoors and nature
Our bodies need outdoors and in nature or that is what they are used to. If you go on a run or a walk surrounded by nature seems to give you an extra boost rather than staying indoors. Even if you only go out for a few minutes it will still be fine.

Sleep
Having enough sleep (8-10 hours) can help you in an every day life, because if you don't get enough sleep you can become irritable and moody or more emotional than usual. Poor health can make it harder to sleep or thoughts rushing through their head. Try to clear your head so you can have a good night sleep.

Stamps: "You've achieved your learning objective" and "These are all"

Year 6 at Boggle Hole

Some recounts from three memorable days for our Year 6 children at Boggle Hole, accompanied by some photos of 6L's day there.

After arriving on the bus, we changed into our wellington boots and headed off. Everyone was so excited and with good reason. We were the first 19 people (21 including Mrs Hart and Mr Grundmann) to go on a school trip in the entire school. It was, to say the least, exciting. After a quick toilet break, we split into groups of three or two. I went into a group with my friends Jake and George and then we headed off for an exhausting day at Boggle Hole.

After a short talk about sea walls, we headed onto the beach and kept walking. We stopped after about two minutes to analyse worm casts and talk about the owner of them, the lugworm. Once we finished talking about the lugworm, we turned our attention to the sea wall that was looming ominously ahead of us. Mr Grundmann took this opportunity to discuss how the clever design of the



sea wall will take away the energy of a wave. The curved base of the wall ensures that all the energy generated by the wave is used when it is being ramped up and then splashed back down by the wall. He then instructed us to attempt to run up the wall as a recreation of a wave hitting the wall. We (obviously) did not get too far up the wall- partially due to a heavy wellies weighing us down but mostly due to the wall being, well, a wall! After our little session with the wall, we trudged toward the rock pools that were slightly further out to sea. This was one of my personal favourite highlights of the trip as it was exhilarating lifting a rock and finding a crab or fish the size of your palm end to end. My biggest catch was an edible crab the size of my palm, but I saw and didn't quite catch an enormous butterfish. Jake and Lucy caught two sea urchins, Ava caught a butterfish that became known as Butterscotch and many hermit and



normal crabs were caught along with winkles and other types of shellfish.

After our visit to the rock pools, we headed into town for a toilet break and lunch. We also stopped for an ice cream which everyone had. It was definitely worth it. We worked further up the beach, stopping at the occasional rock face to take pictures, and then headed up a path that stretched past a YHA (Youth Hostel Association) building right the way back to our bus. After about a mile walk, (maybe a bit less) we arrived back at the busses and slumped into our seats ready to go home and relax after an exciting and exhausting day at Boggle Hole.

Sam L.



On Tuesday the 11th May 6G went to Boggle Hole on a school trip. Excited, we arrived at Boggle Hole and went for a short walk to reach the beautiful, protected seaside.

Firstly, we learnt about how Boggle Hole was being protected from erosion. 'Rip rap' was the first sea defence that we saw along with the sea wall that we tried to run up, to see how it protected the coast line from hydraulic action. Listening carefully, we also learnt about an animal called a limpet which clings onto the well built seawall no matter what happens.

Secondly, we went rockpool dipping and found some interesting, unusual creatures in the clear, shallow rock pools. The most rare creature we found was a sea urchin but I also found an edible crab and lots of hermit crabs. On the rocks, we found some rough, spiky, barnacles that grazed

our hands when we touched them.

After that, we stopped to have lunch on some nearby benches. Slyly, the surrounding seagulls were circling us as we ate and one of them even brushed Mr Grundmann's head! Later, we all ate some ice cream from the ice cream van where the most popular flavour was cookies and cream!

Finally, we went on a walk where we walked up lots of steps and even found some adorable horses! The ground on the walk wasn't that stable so we had to be careful whilst walking on it. Extremely tired, we finished our walk and made our way further into the village.

Overall, my favourite part of the trip was looking at the high tide from above because it was fascinating to see how different it looked from before and how the sea defences worked.

Sanju V.



On Wednesday, 12th May, 6H travelled to Boggle Hole. It was an exciting, fun-filled trip and everyone enjoyed it. The day started off with our class entering the bus, it was an hour-long journey but there were some interesting things to see along the way.

Once we had arrived, we changed into our wellies and ate our snacks. Excited, we ambled down the hill. We had a look at the view of the coast and had a sneak peek of the houses close to falling in the ocean. You could also see the different layers of rock! We carried on walking down and saw three sea defences: rock cage, rip rap and a sea wall. We learnt more about how they worked and even pretended to be waves on the sea wall. Interestingly, it was hard to climb up the sea wall, meaning, it's effective against the waves. Later on, we even got to see it in action!

Once we had seen all the sea defences (and touched worm poo) we were ready to go crabbing. I found it extremely fun as it was something I had never done before. After about two hours, our class had managed to find: a starfish, lots of hermit crabs of different sizes, a couple of edible crabs, a red velvet crab and butterfish! My favourite part of crabbing was definitely saving a crab which was stuck to a net because it made me feel really happy.



After eating lunch and having an ice-cream, we started our journey down to Boggle Hole. I think this was my favourite part of the whole trip as there was a really pretty view and it was very scenic. We managed to make our own clay which we picked up off the cliff. Once we had arrived at Boggle Hole, we went through the process of a cliff being created. We carried on walking and did the cardiac arrest steps (they're called that because they make your heart rate rise). We walked on the cliffs and saw the cost of coastal erosion and the change in tide which was really interesting to see and think about. Once we had reached the town, we learnt about smugglers and why there were so many turns in the paths.

After a long day, we were back at the coach. I really enjoyed the trip and think it is one of my favourite trips I've been on.

Connie D.



Holiday School Dates

Summer Holiday School 2021—Monday 12th—Friday 30th July

October half-term 2021—Monday 18th—Friday 22nd October

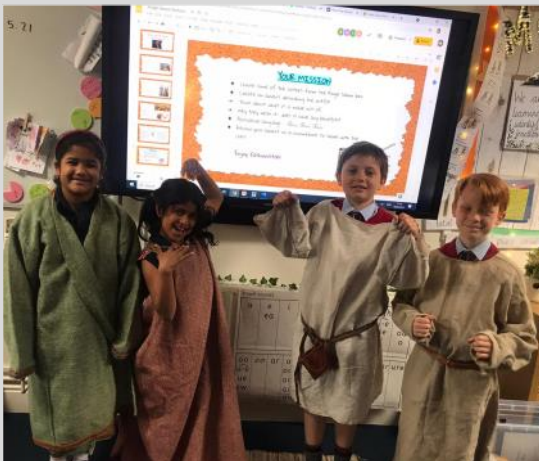
The running of Holiday Schools depend on the government guidance regarding lockdown restrictions.

PE and Games



3D History

3C were researching what Anglo Saxons wore. They dressed up in the clothes and created their own adverts! Fashionistas in the making!



6L Poetry

Some acrostic poems this week from 6L as they begin to reflect on their time at the Prep School.

Beyond the towering stone gates of the place
Everyone has conflicting emotions about
You can see a world of failure and faith
Overhead the great building looms above
No one dares to cross into the new, advanced world
Daring to cross the line they step into unknown lands.

Trekking through the endless maze of buildings
Hazy fog covers the reassuring
Exit and entrance that led us here.

Gigantic students tower over us
Acting high and mighty in definite response
To our obvious lack of strength and ingenuity
Ending the first year of senior everything seems so much more familiar.

Sophie P.

My Robin Hood's Bay trip

I went to Robin Hoods Bay over the weekend as I enjoyed the school trip so much. I taught my family about coastal erosion and we went crabbing. My brother and I caught 4 crabs and starfish. We walked up Cardiac Arrest Hill and got hot doughnuts. I really enjoyed both my trips to Robin Hoods Bay and had lots of fun.

Spencer H.



That Time Of Year Again

That time of year again
Hassle here and bits and bobs there
After all these years, it's finally arriving
The time we've been awaiting, approaching nearer.

Though a new beginning starts
Intensifying all of us
Many people will give up but help them get back up
Even though we can't go back we can remember.

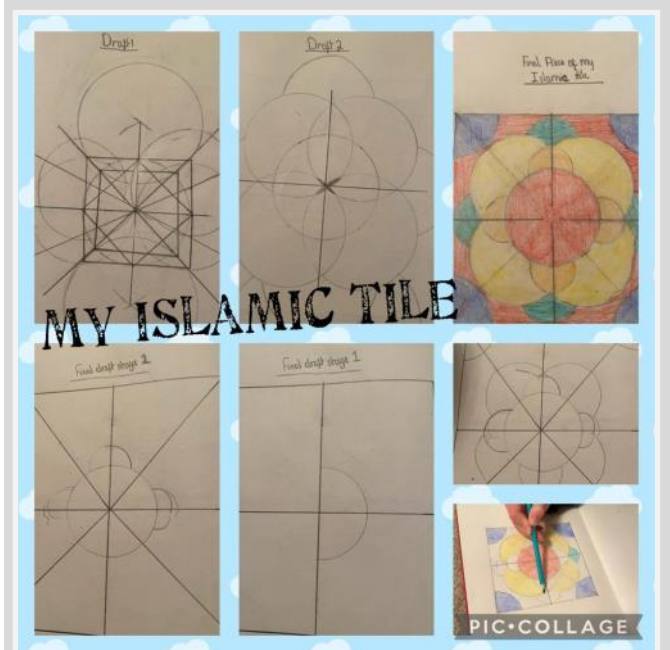
Overtime we will adapt
From prep to senior school.

Yearly changes we were once used to
Excitement pumping us up
And although our time is coming to an end, it's another
Ready steady go!

Bella Y.

Islamic Tiles

Over in 6G, the children have been designing Islamic tiles. A key feature of Islamic tiles are their repeated geometric patterns, something Rosie W. has captured very well here, demonstrating how to do this before presenting her final design.



Year 4 Gardening Club

The gardeners of Year 4 have been at it again. This is the first raised bed made entirely by the children!



Parent Curriculum Information Site—
<http://bit.ly/yarmpreparents>

The new parent curriculum information site will contain overviews and guidance booklets for English and mathematics, in addition to other links and curriculum details. It will be updated regularly so do keep checking back!

Mrs Pawluk

5P Homework

An array of helpful hints on how to survive on an island (*Kit F.*), some reflections on the recent Show Racism the Red Workshop (*Jingjing L.*) and a story about landing on a deserted island (*Thomas P.*) are among the homework highlights from 5P this week.

I awoke to the sound of crashing waves. My eyes blinked open, and I was surrounded by huge, green palm trees. Curious tropical creatures gathered around me, staring at me with their dark, inquisitive eyes. I climbed to my feet, and the various monkeys and gibbons ran into the forest nearby. The sun was blazing down, the searing heat burning my face.

Having read survival stories, I knew I needed to find food and water, fast. Pretty quickly, I found a palm tree that bore coconuts. To get them down, I shook the tree over and over until coconuts were falling from above. Food and drink down, I told myself. Now I need to find shelter. The sun was getting lower in the sky, and I knew I didn't have much time.

I didn't have any luck, and the clouds turned pink and orange as the sun sunk beneath the evening sky. Then suddenly, I saw a faint glow in the distance, just by the rocks, and I decided to investigate. As I got closer, the glow became brighter. It soon took a recognisable shape. A fire! And next to the fire was a bowl of milk and a plate of fish. I was not alone...

Thomas P.

Show Racism the Red Card gives school an online talk

On Friday 7th May 2021, one of Show Racism the Red Card's workers, named Alba, gave Yarm Preparatory School a 1 hour long talk that will for be remembered forever for some children. The talk is based on Racism and accepting differences, which for some people, is not a topic to chat about with young kids aged 7-11. Show Racism the Red Card is the UK's leading anti-racism educational charity and they, with a lot of experience, have been educating on racism for 25 years. It's a charity spreading awareness of racism.

Here is what Yingying L., from Yarm Prep quoted:

I liked



learning about Racism and why that is affecting the world, next time when I see a person getting bullied because of their skin, culture, religion or personality, I will know exactly how they feel.

Here is what Jingjing L., Yingying's sister quoted:

I enjoyed learning more about Racism, I got to know more about Racism thanks to Alba. I do hope Racism will eventually stop soon.

For years and years, people argued about Racism and if it's okay or not. People getting treated unfairly because of the colour of their skin is just wrong. We need to accept differences and respect religions and cultures. People should be treated equally, people shouldn't have to worry about the colour of their skin.

What you can do to help

Be kind and fair! Try to help! These are the things YOU can do to help:

- Raise awareness, maybe share this newspaper with someone.
- Tell someone if someone's bullied because of their religion, culture or skin.
- Make posters and cards to help raise awareness of racism, we need everyone to try to stop racism.
- We can't do this alone, we need everyone's help, including YOU. Let us be kind, be fair and try making a difference TOGETHER!

Jingjing L.

L.O TO WRITE INSTRUCTIONS TO HELP PEOPLE SURVIVE ON A ISLAND



1. Find a source of drinking water. You will find fresh water from a spring from the ground. If you can't find any water you can have a 100% chance of dying. If there is no water, try and collect rain water on palm leaves or you can use a waterproof jacket and catch rain water with it. **DO NOT DRINK SEA WATER** or it will make you ill.
2. Find/build a shelter, to protect you from rain, sun and wind.
3. Build a fire to keep animals away and it will keep you warm.
4. Create rescue signals, so boats and planes can see a fire or a message in the sand.
5. Find a source of food, so you can survive. **DON'T EAT ANYTHING YOU DON'T KNOW ABOUT!**
6. Create tools for catching food. Try building snares and crab traps so you can eat what you have caught.
7. Fashion weapons for self defence. Find thick sticks to hit anything that tries to attack you. Do hard hits so the animal does not suffer.
8. Create a raft to leave the **island**, to find civilization and go to hospital and have a checkup.

5B History

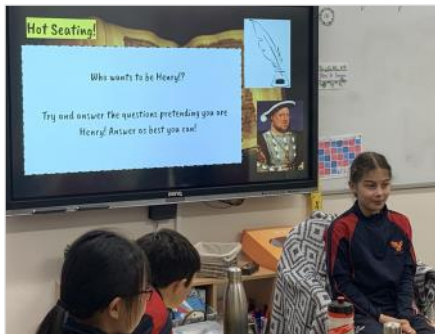
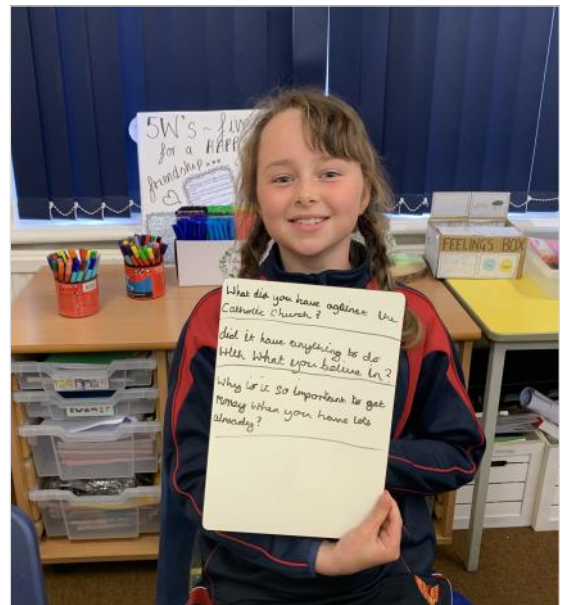
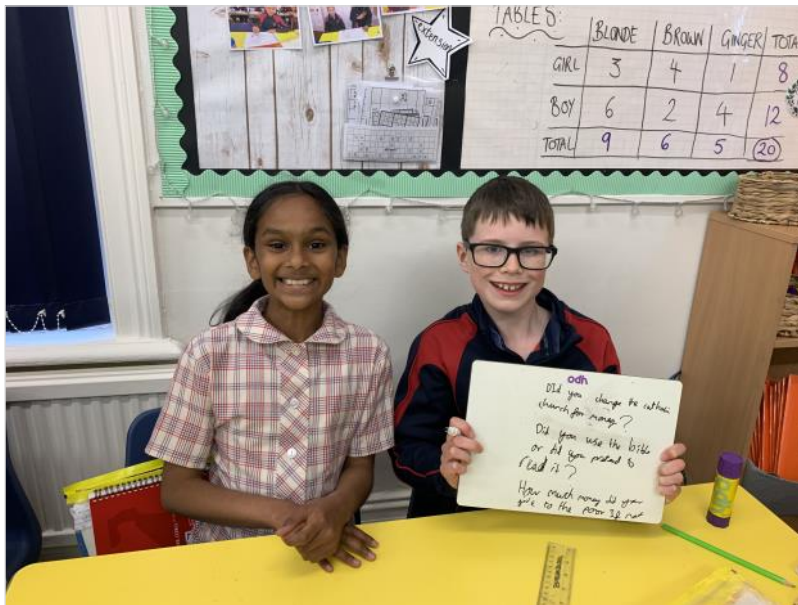
In this lesson we invited Henry VIII into the 5B classroom, luckily we were really prepared and had created some questions on the reasons he broke from Rome. Our questions were well thought out and allowed Henry to talk about the political, economic and religious reasons he made the break.

Miss Bradley



5W History

5W took on the role of Henry VIII in a hot seat interrogation and answered some challenging questions about what his intentions were when he broke from Rome!



Term Dates

Autumn Term 2021—Thursday 2nd September—Friday 17th December (after school)

Half-Term—Friday 15th October (after school) - Sunday 31st October

Spring Term 2022—Wednesday 5th January—Friday 1st April (after school)

Half-Term—Thursday 17th February (after school) - Sunday 27th February

Summer Term 2022—Monday 25th April—Thursday 7th July (after school)

Half-Term—Thursday 26th May (after school) - Sunday 5th June

3A Homework

3A have been busy at home weighing, measuring and cooking!



Let's mild card

How to make a chocolate pudding

This is a quick and easy chocolate pudding, enough to serve for a special occasion, and it's so easy to make. I've never been presented it, I think it's perfect in a dish and cooked just before serving.

serves 6

preparation time 30 minutes

cooking time about 30 minutes

150g / 5oz castor sugar, brownie mix
 chocolate, butter, milk, cream
 2 large ripe pears
 2 table spoons lemon juice
 2 or 3 eggs, 2oz puff pastry, flour, oil
 (peeled beaten eggs, to make sticky sugar
 for sticking pastry round the sides)

4N Science

This week 4N began their new living things topic in science. We have sorted vertebrates into groups, designed our own classification keys and even found some animals around school who had escaped their natural habitats!



Key Dates for the Summer Term

Although we will still be governed by restrictions, we are formulating a number of plans, events and trips for year groups in the coming months if they can go ahead. For now, please see some of our planned key dates for the new term below.

Tue 25/5	Year 4 Low Barns trip (4P and half of 4J) Year 5 trip to Rievaulx Abbey
Wed 26/5	Year 4 Low Barns trip (4N and half of 4J)
Thu 27/5	Half-term begins (after school)
Fri 28/5	INSET Day (no pupils in school)
Mon 7/6	Pupils return
Wed 9/6	Reception trip to Saltburn Beach
Thu 10/6	School Captains Day Year 6 Litter Bomb
Fri 11/6	U11 sports trip to Barlborough (tbc)
Tue 15/6	Y3 Cricket workshop with Clifton (tbc) Y1 Redcar beach clean
Wed 16/6	End of term concert (details tbc) Pre-Prep Sports Morning (details tbc)
Thu 17/6	Y1 Redcar beach clean Y3 National Schools Quiz Final (10-11am) Year 5 Litter Bomb Year 4 Cricket workshop with Cundall (tbc)
Fri 18/6	LCM examinations Y3 Sutton Bank Walk (tbc) U11 Cricket v Cundall (4.30pm finish; tbc)
Sun 20/6	Y6 Outdoor adventure day (8.30am-4.30pm)
Mon 21/6	Y6 Outdoor adventure day (8.30am-4.30pm) Year 3 trip to Murton Park Year 4 Outward Bound Adventure Day
Tue 22/6	Y6 Outdoor adventure overnighter Year 5 Outward Bound Adventure Day Year 2 trip (details tbc)
Wed 23/6	Reports released to parents Nursery Sports Afternoon Y6 Outdoor adventure day (8.30am-4.30pm)
Thu 24/6	Induction Day

Lockdown

Living life lonely without my school friends,

Online learning and Netflix galore.

Covid lurks, all around me the silent assassin,

Keeping us all in our homes, anxious and afraid.

Deep down, the outdoors seems to call us.

Overall

We're all worried for each other.

Now remember; we're all in this together.

Banming Y., 6L

Celebration Assembly

	Values	Endeavour
3A	Joseph A.	Laurel G.
3C	Amelia C.	Harry H.
3D	Ronav G.	Jacob B.
4J	William A.	Fenwick M.
4N	Arvind K.	Dorothy W.
4P	Olivia J.	Darcey-Rue R.
5B	Katie C.	Yingying L.
5P	Ben S.	Isobelle G.
5W	Ben P.	Eleanor W.
6G	Oliver M.	Amelie S.
6H	Oscar L.	Adam P.
6L	Sravya P.	Eliash W.