

HEADMASTER'S WELCOME

We have returned from a half term full of exciting trips for pupils, away in Albania, Iceland and Germany, as well as here in the UK with Gold DofE expeditions and a (highly successful) rowing event. Our CCF cadets have been rehearsing for their important civic role this weekend on the High Street, as part of the town's Remembrance Service and Parade, and I am grateful to them all, and staff involved, for representing the School with such distinction in this important event. We will all mark our respect and remembrance in the School's Remembrance Service next Monday.

This week saw our musicians performing on Tuesday in a lovely concert and cake evening which was very much enjoyed by those who came. Our First XI girls came back from 2-0 down to St Peter's York in a cup match to win on shuffles - congratulations to them all - and there are a number of teams vying to continue their impressive runs in various competitions. Good luck to them all.

Last night, nearly every member of the Upper Sixth had a 1-1 mock interview, carried out by a legion of experts from all walks of life who

volunteered their time to provide this worthwhile and important opportunity to our students. I am very grateful to Miss Rhodes for coordinating the event, and to Governors, Former Pupils, parents, friends of the school and colleagues for giving their time so generously to support and develop the students skills and build their confidence in facing this experience.

There is, as ever, much to enjoy in the newsletter with contributions from pupils and colleagues and a range of news and information for parents to absorb, including a link to a new Politics podcast by two of our Sixth Form students - watch out 'The Rest is Politics', here comes the 'House of Comments'!

Dr Huw Williams



The amazing Iceland trip!

ALBANIA UPPER SIXTH POLITICS TOUR 2024

'Every proverb directly contradicts some other proverb. And there again, maybe it doesn't.' - Albanian proverb

Albania remains historically and culturally one of the most enigmatic countries of Europe. Its twentieth century history has seen it escape from Ottoman rule, and then monarchy, it became a socialist republic after the Second World War, fell out with Stalin and Soviet control, threw its lot in with Mao and China until that relationship soured, spent a few years in splendid paranoid isolation, made the precarious journey towards democracy and now, albeit with some significant legal and civic challenges, it is hurtling towards EU membership.

Beyond being immersed in such a curious cultural milieu the Upper Sixth Politics students set out to explore this contemporary political space, through a diverse range of meetings with various participants in the 'new' Albania.

The Mayoral Office has a disproportionate role in Albania given that it runs Tirana, the capital, and by far the largest city in the country. Deputy Mayor, Anuela Ristani, hosted the group for a lengthy and involved discussion focusing on civic expectations, the challenges of development in Tirana, as well as the problems that persist from the authoritarian years of the past.

A visit to the British Embassy is a highlight of any Politics study tour.

Coming post-Brexit, when Albania is enthusing over potential membership, made for a most interesting dynamic. The team of diplomats shared their experiences on such diverse topics as the shaping and implementation of immigration policy into the UK, the development of trade links, the comparative merits of different European diplomatic corps, as well as the many career opportunities that exist within the embassy.

Albanian parliamentary politics has been tumultuous, with many leading figures involved in corruption lawsuits. We met with the deputy leader of the opposition party, Ori Nebijaj, whose leader is currently under house arrest in his city centre apartment. A vast ranging discussion was had in the Parliament building with much focus given over to the steps needed for Albania to reach democratic maturity.

Our visit also coincided with the Berlin Process meeting, held for the first time outside of the EU, but

welcoming a vast array of leading EU dignitaries and heads of state to the capital, to discuss the accession of Albania to the European Union.

A visit was also made to Sister Lazaret and her Missionaries of Charity, a home for destitute men in the city, with the mother superior sharing with the group her memories of years working alongside Mother Theresa. We also visited various museums including the House of Leaves Museum of Surveillance, as well as several post-war bunkers now being repurposed, including one as an art space.

I would like to thank all of the students for their interest and enthusiasm in this study tour, to my colleagues Tim Grimwood and Catherine Dixon-Barker, and to former student of Yarm School and former resident of Tirana, Peter Thompson. Everyone's efforts and engagement made for a truly fascinating experience.

Mr S Edwards



Students at the Mayoral Office in City Hall with Deputy Mayor of Tirana, Anuela Ristani



Yarm School Association

CHRISTMAS INDOOR MARKET

SATURDAY 16TH NOVEMBER

10AM - 4PM, YARM SCHOOL

ADULTS £4, CHILDREN FREE, PAY ON THE DOOR

SANTA'S GROTTTO

CRAFT STALLS

UNIQUE GIFTS

FOOD & DRINK

CHILDREN'S GAMES



VISIT SANTA'S GROTTTO

Just £7.50 per child

POLITICS STUDENTS RECORD FIRST EPISODE OF THEIR PODCAST



Just before half term a small team of Politics students came together, pooling their skills and enthusiasms,

to record and now launch their first podcast episode from what they hope will grow to become a series. Under the banner of the 'House of Comments', the first episode is based on the autumn party conferences, reflecting on events, policies, personalities and developments. Sophie, having recently attended the Conservative Party Conference, was particularly well placed to comment on this aspect of the podcast. Sam and Ava were tucked away behind the

glass controlling all manner of technicalities, and have now gone away and trimmed and tidied up the files. As a side note, the podcast jingle was recorded just before this session by Adam playing his trumpet. The team are hoping that the next episode will focus on the forthcoming US election.

Episode One: Where are we now? Parties, policies and personalities (see page 11).

Mr S Edwards



SHINE LIKE A STAR

With the Mock Interviews imminent the Upper Sixth gained from a superb session of advice and guidance to help them with their final preparation over the half term break.

Naomi Woods the MD of Maoni Consulting talked about different formats of interviews, what to expect from interviews, what to do in advance (for example, identifying S.T.A.R. examples....), how to maximise performance in the interview and how to reflect upon it afterwards. This was followed by Dr Williams sharing his own personal

reflections on the different interview experiences he has had throughout his career thus far, and adding his own advice of dos and don'ts based upon these.

We look forward to seeing the Upper Sixth put the guidance they have received to good use after the break when the vast majority of the year will have realistic interviews (during our bespoke Mock Interview Evening) designed to emulate those they will all encounter at some point either for university, apprenticeship, internship or job applications.

We are very grateful to both Ms Woods and Dr Williams for their generosity in sharing their advice

Miss C E Rhodes

P.S. For those who are curious and have not themselves encountered STAR first hand it stands for Situation, Task, Action and Result and is a great way to prepare for behavioural based interview questions and help you maximise your performance in an interview.

TEXTILES STUDENTS VISIT LONDON

This year's Textiles Sixth Form students embarked on the annual textiles residential trip to London. The purpose of the trip was to expand our general knowledge of designers and market research in order to enhance our research and journey to finalising our products. The itinerary first included market research, here we explored high street retailers and luxury department stores including Harrods and Selfridges augmenting our understanding of market trends, fabric sourcing and networking with suppliers. Next we proceeded to explore the iconic Fashion and Textiles Museum. It was a vibrant and inspiring space dedicated to showcasing the "Fashion Renegades of 80's London". The museum highlighted various aspects of fashion, history, design and innovation which fueled our curiosity and fed into our knowledge and understanding of Fashion during the 80's. The Victoria and Albert Museum hosted an inspirational exhibition



featuring Naomi Campbell. This showcases her incredible career in fashion, highlighting her iconic moments, collaborations and influence on the fashion industry. As fashion enthusiasts, this provided us with an abundance of information for our project's research. This year's Design Museum provided us with a wealth of inspiration as it explored the social journey of Barbie, providing a deeper understanding of how fashion and society have evolved over the past decades. A bonus exhibition and possibly the most valuable of the trip was one on sustainable fashion,

looking at the current and future approaches to reducing the fashion world's impact on the environment. Visiting multiple exhibitions and retailers provided us with a deeper understanding of the creative process behind fashion and the evolution of textile techniques. Additionally, this gave us the opportunity to engage in discussions, enriching our knowledge and appreciation of the textile industry. Overall, it was a valuable and memorable trip that broadened our horizons in the world of fashion and textiles.

Josie Henley, Lower Sixth

FLU VACCINE

The School Aged Immunisation Service are visiting Yarm School on Tuesday 12th November to provide pupils in First to Fifth year with the nasal flu vaccination (injectable vaccinations are also available). Please visit this link to provide your consent [online here](#).

FOURTH YEAR PUPIL OPPORTUNITY

A reminder of the Health Professions Workshop Morning, Saturday 7th December. Hosted at the STRIVE Academic Centre, The James Cook University Hospital Middlesbrough. We will travel to and from Yarm School by school minibus. Pupils may wear non-uniform. There will

be no charge for this event. The event will be led by Mr Edwards and Mr Newman. We will meet at Yarm School for a 0815 departure and expect to be back on site for a 1200 collection.

Sign up via this [form](#).

Mr S Edwards

Click here for tickets!



COMMUNITY CHRISTMAS CONCERT

IN THE PAA

SATURDAY, 7TH DECEMBER, 6:30PM

SUNDAY, 8TH DECEMBER, 2:00PM

Yarm School's annual festive favourite - don't miss it!

TICKETS £6 - WWW.THEPAAONLINE.ORG - 01642 792587



CCF ADRENALIN

On Saturday of last week, a group of the CCF went up to North Yorkshire Adrenalin for a day split into two activities, paintball and an obstacle course. Paintball began close with red team taking an early lead over yellow team in the first area, effective offence and defence using the landscape being the main cause. Unfortunately, they failed to keep this lead into the second area, with Captain Taylor's expertise of the area and a failure in effectively attacking

the objective, put yellow team into the overall lead.

However, during the second activity, the obstacle course, we were tasked in two teams to scale walls, vault over obstacles and crawl at speed through tunnels, getting muddy the whole way through. Teamwork was the real objective of the task, with points being deducted for incorrect form or for not operating effectively as a team. After two sets of rigorous work and excellent teamwork, the two

teams came together for the final scoring, with both teams scoring the same points, however the red team took the time lead by roughly four minutes.

Overall, the day was packed with exciting and engaging activities, with many of the new cadets beginning to learn important teamwork skills, and the ability to get stuck into whatever's thrown at them.

Oscar Simmonds, Lower Sixth



READ ALL ABOUT IT

Two Lower Sixth students Megan Hull and Noah Barron have been selected for the Financial Times Student Advocate Programme 24-25.

This is a wonderful opportunity for both students to develop their leadership skills and confidence by sharing their views, visions and ambitions with the FT. They will also promote the advantages of reading the FT to their peers and teachers. By joining the FT Student Advocate Programme, they will be in regular communication with the FT Schools

team digitally, which is a fantastic way to engage with students around the world and hear many different perspectives to develop their own views.

They have already been set their first project and will subsequently feedback their findings to the FT, and we hope they will soon have an opportunity to share their experiences with their peers at EconBus Soc.

"I will no doubt learn valuable skills to

do with market research, surveying and people skills as well as adding an intriguing story to talk about in my personal statement. I look forward to this opportunity and am sure to fully embrace all skills I can learn from this." - Noah

"I am most looking forward to the opportunities I will have to collaborate and connect with like-minded students across the globe, as well as gaining exclusive insights into how the firm itself operates." - Megan

FAME AFTER YARM - THE ENERGY SECTOR



What are the real differences between working in the private sector and the public sector? Are there really good career opportunities in the Energy sector? Do Ofgem work with the energy providers? Where does the £5b revenue of the National Grid go? Where is the National Grid on the Spectrum of Competition? If they employ 26,000 people in the UK what roles exist and is it graduate or apprenticeship access? And, what do you wish you'd known at 17?

These were just some of the questions posed to, and addressed by, our FAME speaker and former pupil Dheeraj Viswanath, when he returned to Yarm School before the half term break for another

fabulously well received Working Lunch.

Having studied Economics and Finance at an undergraduate level, Dheeraj is still using Economics regularly in his career (CER was very pleased to hear this!). His career began in the Civil Service (Ofgem) where he completed the graduate scheme and worked on a number of areas within the energy sector.

He has since worked as a management consultant both in EY's Strategy and Transactions division and PA Consulting Economics and Strategy function, and he is now a Strategy Lead within National Grid's UK and Corporate Strategy team.

Throughout his career, his roles have specialised in the energy sector working on regulatory, policy and strategic issue and whilst working he has also completed a Masters in Energy Systems and Data Analytics.

The Lower Sixth Econs are currently studying Market Structures so

hearing about the National Grid as a monopoly within the UK was well timed, whilst students from both Econ and Bus could relate to the role of Ofgem as a Regulatory body and the wider FAME community enjoyed hearing about the pay and conditions differences in public sector and private sector roles. And in case you want to know what Dheeraj wishes his 17 year old self had known, well... "Don't be afraid to make mistakes", "Be prepared for continuous learning", "Ask Questions", "Be proactive" and "Good communication and good organisation really do matter". Definitely sage words of wisdom for our Sixth Formers!

We are really grateful to Dheeraj for coming up from London especially to speak to our students and for his continued support of EconBus, it was lovely to see him and our FAME students will really have benefited from his presentation.

Miss C E Rhodes

MORRISBY

This week saw the first phase of the Fifth Year Morrisby Careers guidance programme. A significant cohort of the Fifth Year pupils opted into this voluntary programme to investigate their future plans and decisions through Morrisby Careers. On Monday those involved pupils underwent almost two hours of

psychometric testing, exploring their aptitudes, attitudes and interest in a range of skills. All of this will be used to pattern advice and guidance around their strengths and preferences. A detailed report has been made available to the pupils, which they can easily share with home in order to prompt further

discussions about their future options. In a couple of weeks all involved pupils will take part in bespoke, individual interviews with external advisors who will share with them a report of the conversations and suggestions for further research.

Mr S Edwards

SIXTH FORM MOCK INTERVIEW PROGRAMME

This Thursday saw the annual Sixth Form Mock Interview Programme delivered amongst much anticipation and excitement. The event is designed to prepare and enhance the Upper Sixth students for interview they may face, whether that be for their university applications, apprenticeships process, placements, internships or employment interviews.

The programme coincides with the application season and all takes place on one dedicated evening, generating a significant buzz and much sharing of advice amongst the students. Earlier in the term all students were asked to select an area, topic or subject for their interview, and also given the choice between an 'external' interview with an expert from outside the

school, or an 'internal' interview utilising skills across the teaching and support staff community. The students were then required to submit supporting evidence for their preferred subject, information that was sent in advance to the interviewers. Training in advance of the event was also provided by an external guest who works in industry.

On the evening the students were interviewed in a range of spaces including the auditorium, the recital room and the dance studio, with three waves or sessions required to accommodate all of those students involved. Students were encouraged to note the feedback they were given, allowing them to fine tune their technique and enhance their performances for future interviews.

And for the statisticians amongst you, here are Miss Rhodes' figures...

102 individual interviews

75 external interviews

27 internal interviews

32 external interviewers

16 internal interviewers

1 frazzled Miss Rhodes (!)

We are enormously appreciative of all of the interviewers for their generous gift of their free time and expertise. It is a rather special programme that provides significant benefit to the students. A huge vote of thanks is due to Miss Caroline Rhodes for the colossal task of organising and delivering this important and formative event.

Mr S Edwards, Head of Careers



FAME AFTER YARM

We've had FPs this term travel to us from Belfast, Texas and London.. But this week in the first of two WLs we said Bonjour to Brad!

Brad left Yarm in 2009, having been at the school for no less than fifteen years and, after taking Miss Rhodes' advice, (first dispensed to him as an 11 year old in top set Maths), he opted to read Economics at University! After graduating from the University of Birmingham with first class honours, he joined HSBC. Fast forward 12 years and Brad is now a global financial services professional

with international experience across Europe, the Middle East, the UK and the US. Currently Chief of Staff for HSBC Continental Europe, he is presently based in Paris. His experiences with HSBC have included strategy development, customer-facing roles, business management and customer experience, and he has embraced opportunities for lifelong learning. Brad discussed the challenges and rewards of working in different international settings, he generously shared his experiences and gave advice regarding making connections



and gaining experience, but also being open minded with regards to your career.

We are so grateful to Brad for taking time out during his vacation to inspire our students and reconnect with his old teachers. We will continue to follow his career with pride.

Miss C Rhodes

Career Cluster Evening: COMPUTER SCIENCE CAREERS

Mon 18th November, 6pm - 8pm

Join us to explore the opportunities provided by studying or working in Computer Science.

Discover the different pathways to your ideal career.

Suitable for 4th Year, 5th Year and Sixth Form students and parents.

Register to attend at:

<https://bit.ly/CompSciCareerCluster>



ARTISTS' CORNER

Thank you to Alice Scacco in First Year for these fantastic pieces for our Artists' Corner.



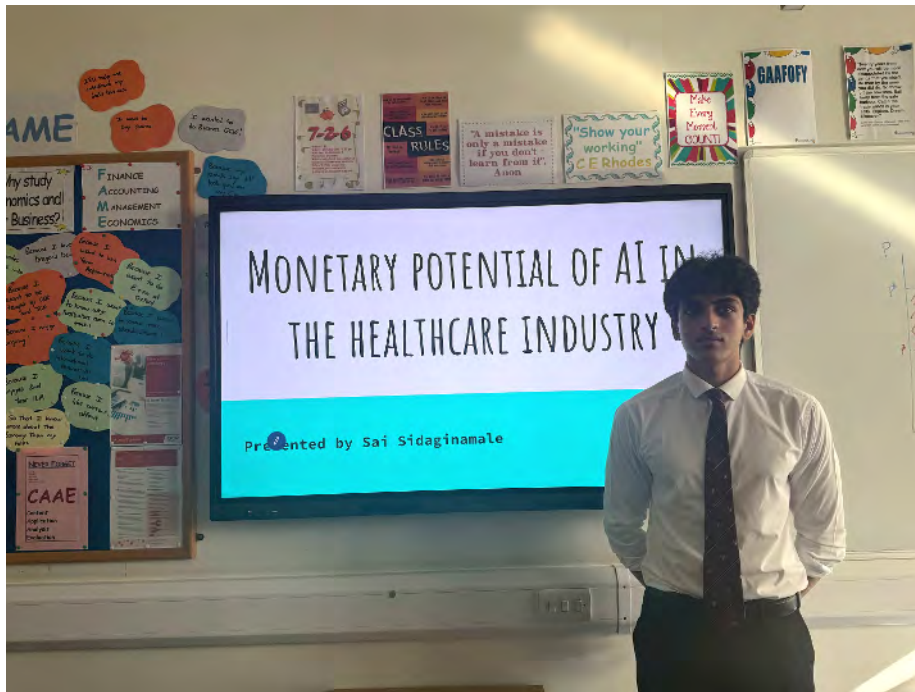
I used watercolours and blended them with water and my finger. I used white pen for highlights on this drawing.



What I used for this apple drawing was Derwent watercolour pencils and I was inspired by another apple drawing that I did in my sketch book at home.

Alice Scacco. First Year

THE ECONOMICS OF HEALTHCARE



In the last EconBus Soc before half term we heard about yet more ways in which Economics and Business can be seen to transcend the boundaries of specifications, when Sai from the

Upper Sixth presented on the "The Monetary Potential of AI in global and NHS healthcare". Examining how artificial intelligence is revolutionising the medical field, from

diagnostics to treatment planning, Sai expounded on how AI is reshaping healthcare, and examined its potential for the future, before considering how it may save money, but also where it incurs financial and other costs. It was a pertinent topic choice and one which fuelled lots of discussion, as the audience effectively analysed an emotive matter and went on to evaluate whether the NHS is sustainable or a dated model. We are really grateful to Sai for giving such a well researched and well delivered presentation. The reach of EconBus continues to grow...

Miss C Rhodes

POLITICS SOCIETY

The Politics Society meets every week of term and offers a speaker of significance for the students. Most of the sessions are open to all Senior School pupils with advance notice going out in morning tutorial messages. Pupils are welcome to attend and are encouraged to explore the diverse range of topics under exploration.

Later this term we will be celebrating UK Parliament Week and will have more details to share in next week's newsletter.

Mr S Edwards

Week 1	Fri 8th Nov 12:45 - 13:30 FT (In person)	Nadiya Shafi & Sajad Rasool Pakistan-based human rights Defenders 'The challenges for human rights, journalism and civic society in Pakistan'
Week 2	Fri 15th Nov 12:45 - 13:30 FT (In person)	Eedris Abdulkarim Nigeria-based human rights defender and musician 'From the originator of Nigerian rap artist to a human rights activist: assessing the state of democracy in Nigeria'
Week 3	UK PARLIAMENT WEEK (Details to follow)	
	Thu 21st Nov 12:45 - 13:30 FT (In person)	Dr Tim Ellis-Dale Senior Lecturer in History, Department of Humanities and Social Science Centre for Culture and Creativity Teesside University Exploring the politics of masculinity'
Week 4	Fri 29th Nov 12:45 - 13:30 FT (Remote)	Professor Daphne Halikiopoulou Chair in Comparative Politics, Department of Politics University of York 'Understanding right-wing populism in Europe'
Week 5	Fri 6th Dec 12:45 - 13:30 FT (Remote)	Dr Ekaterina Gladkova Assistant Professor, Department of Social Sciences Northumbria University 'Speciesism: exploring environmental, ecological and multispecies justice''

LAUNCH OF THE FIRST EPISODE OF THE 'HOUSE OF COMMENTS' POLITICAL PODCAST



We are delighted to share with you this week the first episode ([click here](#)) of the new political podcast entirely created by Politics students from Yarm School. Written and delivered by Adam Elliott (L6) and Sophie Jewitt (U6), the first episode explores the autumn party political conferences and looks to capture a sense of where the parties are currently placed on the political landscape. Behind the scenes Ava Carter (U6) and Sam Corbishley (L6) were the technical minds behind the scenes, involved in editing work, whilst Adam composed and recorded the trumpet jingle. Thanks are due to Mr McIntyre for his expertise, guidance and time in the recording studio before half term. Congratulations to the podcast team for this first effort, and I for one, certainly look forward to later episodes.

Mr S Edwards

REMEMBER, REMEMBER THE 16TH OF NOVEMBER...

Our YA stalls can only take cash so please save your coins, put aside your notes and get ready to support the Yarm Apprentice teams at the YSA Christmas Fair as they try to spread some cheer, bring a little sparkle into your lives and support two really good local causes.

Miss C Rhodes

YARM SCHOOL BOAT CLUB CELEBRATES UNPRECEDENTED 17 WINS AT DURHAM LONG DISTANCE SCULLS AND SMALL BOATS HEAD

In a display of depth, skill, and teamwork, the boat club swept the competition at this year's Durham Long Distance Sculls and Small Boats Head, capturing an astounding 17 wins—more than the next top three clubs combined! The team's success reflects their rigorous training and commitment and the club's strong culture of development and support across all age groups.



Long Distance Sculls Highlights

In the morning Long Distance Sculls event, the club finished with **seven impressive wins**:

- **Senior Women:** The women were in top form in the morning event, racing three crews: WJ18 quad, WJ17 quad, and WJ18 double. All three boats won their events with the WJ18 quad producing the fastest women's time of the division and the WJ18 2x of Rebecca White and Poppy Bell producing the fastest women's doubles time of the day.
- **Men's J18 Single and Double:** Sai

Sidaginamale and Will Lewis led the J18 double event, while Patrick Tulloch won the J18 single scull event.

- **Men's J15:** The coxed quad off Nikhil Shouri, Deen Mohammed, Jonah Jenney, Aadit Kapoor & Oscar Galloway won the event by 33 seconds while Oscar Lane raced a competitive field in the single scull taking the win by a narrow 2-second margin

Small Boats Head Highlights

The club continued its winning momentum at the afternoons Small

Boats Head, claiming **ten victories** across different age groups:

- **Men's and Women's J16 Quads:** The J16s had outstanding races, winning both quad events in the afternoon. Despite being crashed into by a college coxed four, the boys' quad was on a mission, setting the fastest time of the second division and winning the event by 50 seconds.
- **Men's J15 Quad:** Looking for a repeat performance from the morning win, Jonah Jenney, Charlie Ashworth, Oscar Lane, Kabir Gandhi, and Aadit Kapoor jumped into the quad event for division 3,

YARM SCHOOL CLUB CELEBRATES (CONT.)

securing another massive win by 27 seconds.

- **Men's and Women's J14 Coxed Quads:** In their second event, these young rowers took on the challenge of navigating the difficult Durham race course. The boys came first and second in the coxed quad, while the girls came first and third in their event.
- **Double Sculls:** Patrick Tulloch & Will Jeavons led the Men's J18 double event, achieving the fastest double time and setting an

impressive pace for the field. Emma White and Bella Yang showcased excellent grit in the WJ15 double, adding another win, while Aadit Kapoor & Deen Mohammed sculled brilliantly for a third double-scull win in the J15 2x Band 2.

- **Rebecca White & Jonah Jenney:** For the final wins of the day, Rebecca and Jonah took to the single scull, winning the WJ18 and the J15 events.

With 17 victories at the Durham Long Distance Sculls and Small Boats Head, the boat club has set a remarkable standard for excellence and emerged as a regional leader. Congratulations to the athletes on their incredible performance—this achievement lights the path to even greater successes ahead!

Mr T Kellett

NETBALL



On Monday the U14Cs played against Our Lady & St Bede. It was a close match with some great play from both teams. The other team just managed to take the lead towards the last quarter which resulted in a 9-5 win to the opposition. We had great team encouragement with lots of supportive comments yet we just need to work on back line play a little bit more which is something to work on for future matches! Captain Eleanor Wild.

SWIMMING

Good luck to our swimmers competing in the English Schools' Swimming Association's National finals this weekend in Birmingham. Both the Junior Boys and Senior Girls qualified to represent Yarm. The Junior boys' team comprise Dylan Bowers, Will Oliver, Seb Dalby and Dylan Mills. The Senior girls' team comprise Megan Hull, Hannah Bettinson, Alice Ward and Pearl Lightwood.

SPORT WEEK AHEAD

The weeks ahead are now available online. You can [view them here](#).

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BOOK FAIR

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The Princess Alexandra Auditorium,
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EOS LIVE: VAN GOGH – POETS AND LOVERS

This film is a chance to reexamine and better understand this iconic artist. Focusing on his unique creative process, Van Gogh: Poets & Lovers explores the artist's years in the south of France, where he revolutionised his style. Van Gogh became consumed with a passion for storytelling in his art, turning the world around him into vibrant, idealised spaces and symbolic characters.



Sunday 10th November 2024 2:00pm

[Book Online Here](#)

KISS ME, KATE THE MUSICAL

PLEASE NOTE THIS IS A LIVE STREAMED PRODUCTION AND IS NOT PERFORMED LIVE AT THE PAA.

Adrian Dunbar (Line of Duty, Ridley) and Broadway royalty Stephanie J. Block (Into The Woods, The Cher Show) lead a stellar cast in a sizzling new 5-star production of Kiss Me, Kate, filmed live at the Barbican in London especially for the big screen.



Sunday 17th - Wednesday 20th November 2024

[Book Online Here](#)

GIRL FROM THE NORTH COUNTRY

PLEASE NOTE THIS IS A LIVE STREAMED PRODUCTION AND IS NOT PERFORMED LIVE AT THE AUDITORIUM.

Written and directed by celebrated playwright Conor McPherson and featuring Tony Award-winning orchestrations by Simon Hale.

Girl From The North Country reimagines 20 legendary songs of Bob Dylan as they've never been heard before, including "Forever Young," "All Along The Watchtower," "Hurricane," and "Like A Rolling Stone."



Saturday 23rd - Sunday 24th November 2024 2:00pm, 7:00pm

[Book Online Here](#)

10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



Source: See full reference list on guide page at:

Tooled Up has always featured a broad range of voices and resources relating to **neurodiversity**. We want to support families who have neurodiverse children, inform people who are coming to the topic for the first time, and help to challenge common “neuromyths” that still dictate much of what people think about issues such as autism and ADHD.

Our popular [Busting Neuromyths](#) webinar is a great place to start. Dr Jo Van Herwegen is a Professor in Developmental Psychology and Education at UCL. In the webinar she tackles some of the common myths relating to learning styles, sides of the brain and our expectations of neurodiverse people.

If you're the parent of a child with ADHD, Tooled Up has a wealth of resources that can help you. From last year's ADHD conference, Dr Ned Hallowell's session [How to Live Joyfully and Successfully with ADHD](#) and Dr Vilas Sawrikar's [ADHD Positive Parenting Toolkit](#) are sources of reassurance and inspiration, full of practical ideas and first-hand experience.

Most recently, we hosted Consultant Psychiatrist Professor Peter Hill for [A Parents' and Educators' Guide to ADHD Medication](#). Watch to learn more about how medication works and what the research says about potential side-effects.

Our webinar [The Autistic Child: What Every Parent or Carer Needs to Know](#) offers valuable insight into autism diagnosis and what it means for the child and the family. A brilliant accompaniment would be this guide to [Neuro-Affirming Resources](#) that are all aimed at helping young people understand neurodiversity.

More information and links to helpful Tooled Up resources can be found in our [Quick Guide to Neurodiversity](#). This offers an overview of the subject together with practical information and a guide to all the ways that Tooled Up can help.

Don't forget to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).





Busting Neuromyths



Living Joyfully and Successfully with ADHD



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A Quick Guide to Neurodiversity

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